

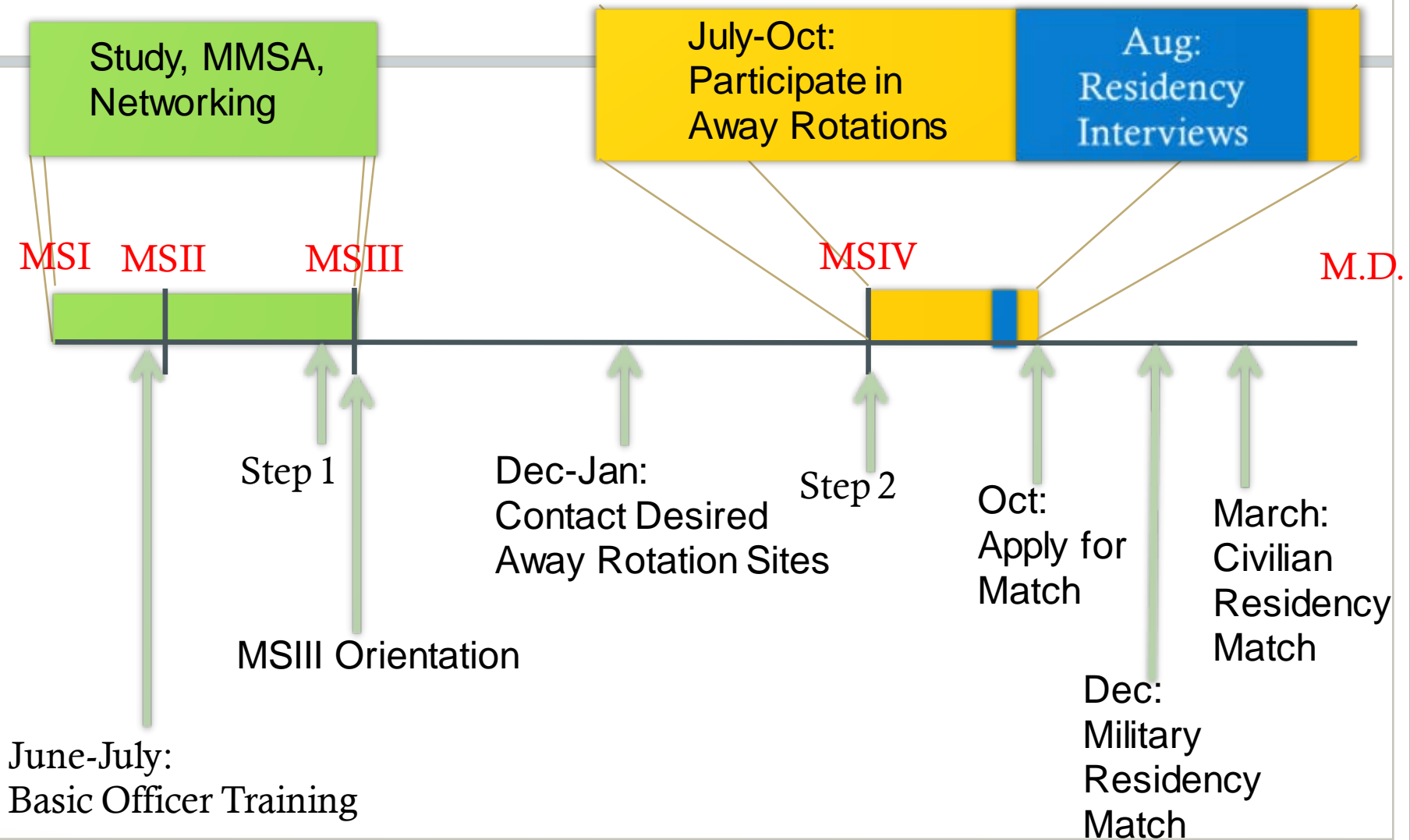
Medical School Timeline for the HPSP Student

- MSI and MSII Year
- MSIII and MSIV Year

by Remigio Flor, 2LT, USAR, MSC
GWU SMHS, Class of 2015
Updated June 2013

GENERAL MEDICAL SCHOOL

TIMELINE FOR THE HPSP STUDENT



1st and 2nd Year

- 1) Study and Network
- 2) Reimbursements
- 3) Basic Training for Officers

1st and 2nd Year: Study & Network

- Get Good Grades & Explore Your Interests
- Begin Networking
 - Join the Military in Medicine Student Association (MMSA)
 - Participate in MMSA Events
 - Get to Know Fellow HPSP Students
 - Go to the Specialty Night at Walter Reed (see below)
 - Try to get a Military CAP
 - Contact Dr. Adam Possner (apossner@mfa.gwu.edu)
- Military Specialty Night at Walter Reed National Military Medical Center
 - In November, the Military Residency Program Directors from the GME selection board host a student specialty night to put them in contact with HPSP students from around the country who are interested in their specialties.
 - Great networking event and one of the best places to ask questions and get points of contact
 - Attend in formal military attire.
- Research may be done during the summer after MSI. Preferably should be done with a military physician/researcher.
 - Same experience can be used during MSIII and MSIV
- MAIN GOAL: BE A GREAT STUDENT!

1ST and 2nd Year: Reimbursements

- The Military Will Reimburse:
 - Your Health Insurance
 - Any Required Equipment
 - Any Required Books
- Save Your Receipts
- If the Book is Not Listed on the Syllabus, the Professor Will Write a Letter With Their Requirements

1st and 2nd Year: Basic Training

- **Best Time to Go:**
 - **Summer before Start of Medical school**
 - **or Summer After 1st Year (more common)**
- **Dates Are Available Online September-October on the Air Force, Army, or Navy HPSP Website**
- **Stay Up To Date on the Basic Training Application Process**
 - **Email HPSP Department**
 - **Speak to your assigned HPSP advisor (branch specific)**

MSIII and MSIV Year

- 1) MSIII Year Rotations
- 2) MSIV Away Rotations
- 3) Interviews
- 4) The Match

MSIII Year Rotations

- If You Are Able to Work with a Military CAP, Try to Work with them for Primary Care or Use Them as a Resource
- Try and Work with the Military Team at the VA During Your Internal Medicine Month
- **Letters of Recommendation From Military Physicians Carry More “Weight” in the Application Process**

MSIV Away Rotations

- **Recommendation:**
 - Do Your Away Rotations Early in MSIV Year
 - Rotations serve as “extended interviews” for residency and are great resources for Letters of Recommendation.
- During Dec-Jan of MSIII Year, apply to Away Rotations to the Military Hospitals of your choice.
 - Contact the medical student coordinator specific to your desired site no later than the January before the MSIV year.
 - Contact information should be available through the hospital’s website or via your branch specific HPSP advisor.
 - Ideally it should be done at a site that is of choice for residency. Although this is not critical for match.
- Step 2 should be taken after MSIII Year ends and begin Away Rotation

Residency Interviews

- Mock Interviews (Highly Recommended)
 - June & July
- Actual Interviews in August

The Match

- Military Residency Match in Mid-December
- Apply through ERAS
- Final Application and Rank List Due **Mid-October**
- Deferring and Civilian Programs
- Meet with Dean Adviosr and MMSA Advisor (Dr. Lough) early in MSIV Year
 - Discuss Application to Programs

Important Points of Contact

Military in Medicine Faculty Leader/Advisor

Dr. Fred Lough: rangr70@aol.com

Office Number: (202) 775-9371

Office Fax: (202) 775-1599

Military in Medicine Dean Emeritus

Dr. Richard Southby: Southby@gwu.edu

2012-2013 Military in Medicine Student Association Leaders

Remy Flor: rflor@gwu.edu

Sarah Zader: sarahzader@gmail.com

Branch Specific HPSP Contacts

Air Force HPSP Office: arpc.dpaah@arpc.denver.af.mil

Army HPSP Office: GME@AMEDD.ARMY.MIL

Navy HPSP Office: OH@med.navy.mil

Important Resources

- **Air Force**

- Air Force HPSP Website: <http://www.airforce.com/benefits/commissioned-officer-education/>
- Air Force HPSP “Unofficial” Student Guide: <http://lukeballard.tripod.com/HPSP.html>

- **Army**

- Army HPSP Website: <http://www.goarmy.com/amedd/education/hpsp.html>
- Army HPSP “FAQ” Handbook: http://vetopportunities.amedd.army.mil/hpsp/faq/HPSP_FAQs.pdf

- **Navy**

- Navy HPSP Website:
http://www.med.navy.mil/sites/navmedmpte/accessions/pages/healthprofessionsscholarshipprogram_prospective.aspx
- Navy HPSP “Current Students” Page with the Navy HPSP Student Guide:
<http://www.med.navy.mil/sites/navmedmpte/accessions/Pages/CurrentStudents.aspx>

Special Thanks

- Dr. Frederick Lough, COL, USA, MC
 - (MMSA Faculty Leader/Advisor)
- Dr. Allison Bush, ENS, USN, MC
 - (GWU SMHS Class of 2013)
- Veronica Murciano
- Sarah Zader, 2LT, USAF, MC
 - (GWU SMHS Class of 2015)
- For further and more detailed information please refer to “The Health Professions Scholarship Program: A Guide for HPSP Students at GW” by Dr. Allison Bush. The content in this presentation was derived from here and a number of other sources including the HPSP websites, and through the generous guidance of Dr. Lough.